

# THE ABC OF EMOTIONS



## EMOTION

## INTENSITY

EMOTION	INTENSITY
<b>JOY</b>	Peaceful, Happy, Joyful, Excited
<b>LOVE</b>	Caring, Admiring, In love, Passionate
<b>CURIOSITY</b>	Intrigued, Interested, Curious, Captivated
<b>SURPRISE</b>	Surprised, Shaken, Troubled, Stunned
<b>DISGUST</b>	Disgusted, Sick, Repulsed, Revulsed
<b>FEAR</b>	Worried, Nervous, Anxious, Terrified
<b>SHAME</b>	Embarrassed, Shameful, Humiliated, Guilty
<b>SADNESS</b>	Disappointed, Sad, Unhappy, Upset
<b>ANGER</b>	Irritated, Frustrated, Angry, Furious