

Webseries



CHEAT SHEET

Advanced | Influence | Lesson 1



1+1+1 = FUN!

EMOTIONS AND REACTIONS EXPLORED IN THIS VIDEO

 ANNOYANCE	Set an Example	Adopt a Positive Attitude
 DISAPPOINTMENT	Propose a Solution	Be a Positive Influence

WHAT I NEED TO REMEMBER

1. We all find ourselves in situations where we can choose to be a positive influence or a negative influence on others.
2. Part of being a positive influence is accepting the situation and finding a way to work with others to make the most of it.
3. Adopting a positive attitude, proposing a solution, and influencing others to join in and work together are all ways to be a positive influence.