

Child's name:

Login code:

Date:

Dear parent(s),

These are the modeling videos your child has recently watched in class.

THEME: ADAPTING TO CHANGE

✓	Type of video	Activity title	Objective
	<i>Webseries</i>	New Teacher, New Rules	In this engaging webseries students compare, contrast, and analyze the effectiveness of various strategies that Lucas uses to adapt to the new changes happening in his classroom.
	ZOOM-IN!	Partner Problem	In this relatable mini-lesson, students observe how Lucas takes the time to reflect on his emotions and responses before he gets mad at Daniel for choosing a different partner.
	ZOOM-IN!	Making New Friends	In this heartfelt mini-lesson, students observe how Lucas uses self-talk to overcome the anxiety he (like most people) faces when it comes to approaching and making a new friend.
	ZOOM-IN!	Separation Heartache	In this touching mini-lesson, students observe as Sam copes with her emotions and learns how to handle them around her friends now that her parents have separated.
	ZOOM-out	How to Start a Conversation	In this relatable mini-lesson, students learn five steps that helped Dylan with starting a conversation and are prompted to memorize and recall the most effective order in which to apply them.

WANT TO KEEP LEARNING WITH MOOZOOM AT HOME?

1. Go to moozoomapp.com> 2. Click **Log in**> 3. **Click Student** and enter your child's **login code**

*If your child uses **Clever** or **Google Classroom** to access moozoom, please **use those credentials to login**

ANXIOUS	Trying to control everything	Making a big deal	BEST CHOICE Letting go and accepting things
FRUSTRATED	Losing your temper	Fooling around	BEST CHOICE Expressing how you feel

HELPING YOUR CHILD START A CONVERSATION

Step 1: Encourage your child to take their time and not to impose on the other person by being too pushy.

Step 2: Remind your child to wait for the right moment to talk before starting a conversation.

Step 3: Help your child practice introducing themselves and discussing the things they like.

Step 4: Emphasize the importance of taking an interest in the other person and asking them relevant questions.
Model this behavior in conversation in front of your child.

Step 5: Remind your child that they can always suggest continuing the conversation another day.

Step 6: Model these steps in conversation with your child: discussing the things you like, taking an interest in their life, and suggesting you two return to a topic later if you need to leave a conversation.

By continuing your child's social and emotional learning with moozoom at home, you'll be able to see their progress and significantly contribute to integrating SEL into their daily lives.

Here to support you!

Your student's well-being friend at moozoom.