

Child's name:

Login code:

Date:

Dear parent(s),

These are the modeling videos your child has recently watched in class.

THEME: ACCEPTING "NO"

✓	Type of video	Activity title	Objective
	<i>Webseries</i>	Dad "No's" Best	In this engaging webseries students compare, contrast and analyze the effectiveness of various strategies Sam uses to help her cope with needing to accept "no" from her dad.
	ZOOM-IN!	Was I Too Pushy?	In this relatable mini-lesson, students observe how Sam overcomes the consequences of being too pushy and discovers a different way to react when her friends tell her "no."
	ZOOM-IN!	Asking for Permission	In this relatable mini-lesson, students observe Sam as she realizes the importance of asking for permission after she tries to borrow her friend Emma's sweater without asking.
	ZOOM-IN!	Ask Why	In this helpful mini-lesson, students observe as Sam guides Daniel through the process of accepting "no" by suggesting he communicate with his dad, instead of making assumptions.
	ZOOM-OUT	How to Accept Criticism	In this valuable mini-lesson, students learn four steps that help with accepting criticism from others and will be prompted to memorize and recall the most effective order in which to apply them.

WANT TO KEEP LEARNING WITH MOOZOOM AT HOME?

1. Go to moozoomapp.com> 2. Click **Log in**> 3. **Click Student** and enter your child's **login code**

*If your child uses **Clever** or **Google Classroom** to access moozoom, please **use those credentials to login**

DISAPPOINTED	Keep asking	Bargaining	BEST CHOICE Accepting
MAD	Losing your temper	BEST CHOICE Walking away	Trying emotional blackmail

HELPING YOUR CHILD ACCEPT CRITICISM

- Step 1:** Carry on the conversation with your child. Ask them to look you in the eyes and stay calm.
- Step 2:** Get your child to tell you how they feel, confirm that you are listening (tell them that you have heard what they have to say) and normalize the situation (tell them that it's normal to feel that way).
- Step 3:** Whether or not your child agrees with your answer, get them to use their words and to express how they feel using words like "I" and "me." Your child might want an explanation, assuming that they have asked you respectfully. If your child responds to the "no" with disruptive behavior, stay calm and do not change your answer. If you change your mind now, you may encourage further disruptive behavior in the future.
- Step 4:** Congratulate your child for completing steps 1-3.

By continuing your child's social and emotional learning with moozoom at home, you'll be able to see their progress and significantly contribute to integrating SEL into their daily lives.

Here to support you!

Your student's well-being friend at moozoom.